



**Vivekananda Kendra Academy for Indian Culture, Yoga And Management  
(VK AICYAM)**

**BHUBANESWAR**

Plot no – 1561(P), Gandamunda, Khandagiri - Pokhariput Road, Bhubaneswar-751030, Odisha.  
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**National Seminar on Yoga, Sunday June 28<sup>th</sup> 2026 (9AM to 5PM), VK-AICYAM**

**(VENUE: AUDITORIUM, VK-AICYAM)**

**(Program Agenda)**

| Time                | Topic                    | Remarks  |
|---------------------|--------------------------|--|
| 09:00 AM – 09:45 AM | Registration             | Pre-populated List for Signature   |
| 09:45 AM – 09:55 AM | Sitting Facilitation     | Participants/Guests sitting in the Auditorium  |
| 09:55 AM – 10:10 AM | Event Initiation         | Deepa Prajwalan and Prayers  |
| 10:10 AM – 01:00 PM | <b>Morning Session</b>   | <b>Yoga for Healthy Ageing</b>   |
| 10:10 AM – 10:15 AM | Session Introduction     | Shri Ramkishore Sharma (Session Chair)   |
| 10:15 AM – 11:15 AM | Presentation: Group A    | Presentation of 06 Articles (Research Paper)   |
| 11:15 AM – 11:30 AM | Break                    |  |
| 11:30 AM – 12:10 PM | Presentation: Group B    | Presentation of 04 Articles (Research Paper)   |
| 12:10 PM – 12:20 PM | Keynote Introduction     | Introduction of Speaker by the Session Chair   |
| 12:20 PM – 01:00 PM | Keynote                  | Prof. Satya Mahapatra, Founder & Director, IHS   |
| 01:00 PM – 02:00 PM | Lunch                    | Lunch at Annapurna (4 <sup>th</sup> Floor, VK-AICYAM)  |
| 02:00 PM – 04:15 PM | <b>Afternoon Session</b> | <b>Yoga Parampara of Odisha</b>  |
| 02:00 PM – 02:10 PM | Session Introduction     | Dr. Subash Chandra Sarangi (Session Chair)   |
| 02:10 PM – 03:00 PM | Keynotes                 | Prof. (Dr.) Pradipta Kumar Panda, SOA Univ.<br>Prof. (Dr.) Santosh Kumar Rath, SOA Univ.   |
| 03:00 PM – 04:15 PM | Panel Discussions        | Prof. (Dr.) Pradipta Kumar Panda, SOA Univ.<br>Prof. (Dr.) Santosh Kumar Rath, SOA Univ.<br>Dr. Pradeep Kumar Das, Former Dy. Director,<br>Higher Education, Govt. of Odisha<br>Dr. Braja Sundar Mishra, Assoc. Professor, HOD,<br>Dept. of Sanskrit, Utkal University, Vani Vihar<br>Dr. Debi Prasad Swain, Product Leader, TCS |
| 04:15 PM – 05:00 PM | Closing Ceremony         | Dr. Prafulla Kumar Tripathy (Anchor)   |
| 04:15 PM – 04:30 PM | Life Lesson              | Address by Shri Laxminarayan Panigrahy   |
| 04:30 PM – 04:55 PM | Certificate Distribution | NYS Speakers/Presenter/Participants and NIOS   |
| 04:55 PM – 05:00 PM | Vote of Thanks           | Shri Ajaya Kumar Sahoo   |

**Organising Team:** Shri Ajaya Kumar Sahoo, Dr. Prafulla Kumar Tripathy, Dr. Subash Chandra Swain, and Shri Ramkishore Sharma

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